

**Handicap de Printemps 2022 : Tableau des Handicaps  
Lentehandicap van de Maasvallei 2022 : Handicaptabel**

Bateau	Master K	Master J	Master I	Master H	Master G	Master F	Master E	Master D	Master C	Master B	Master A	M Senior A	M Senior B	MU 19	MU 17	W Senior A	W Senior B	WU 19	WU 17
C1 (≥ 20 kgs)	00:00:00	00:01:25	00:02:35	00:03:30	00:04:15	00:04:50	00:05:20	00:05:45	00:06:05	00:06:20	00:06:30	00:06:50	00:06:30	00:06:10	00:05:50	00:06:15	00:05:55	00:05:35	00:05:15
C1 (< 20kgs)	00:00:20	00:01:45	00:02:55	00:03:50	00:04:35	00:05:10	00:05:40	00:06:05	00:06:25	00:06:40	00:06:50	00:07:10	00:06:50	00:06:30	00:06:10	00:06:35	00:06:15	00:05:55	00:05:35
1x poly (≥ 17kgs)	00:00:40	00:02:05	00:03:15	00:04:10	00:04:55	00:05:30	00:06:00	00:06:25	00:06:45	00:07:00	00:07:10	00:07:30	00:07:10	00:06:50	00:06:30	00:06:55	00:06:35	00:06:15	00:05:55
1x	00:01:15	00:02:40	00:03:50	00:04:45	00:05:30	00:06:05	00:06:35	00:07:00	00:07:20	00:07:35	00:07:45	00:08:05	00:07:45	00:07:25	00:07:05	00:07:30	00:07:10	00:06:50	00:06:30
C2	00:01:45	00:03:10	00:04:20	00:05:15	00:06:00	00:06:35	00:07:05	00:07:30	00:07:50	00:08:05	00:08:15	00:08:35	00:08:15	00:07:55	00:07:35	00:08:00	00:07:40	00:07:20	00:07:00
C4+	00:01:50	00:03:15	00:04:25	00:05:20	00:06:05	00:06:40	00:07:10	00:07:35	00:07:55	00:08:10	00:08:20	00:08:40	00:08:20	00:08:00	00:07:40	00:08:05	00:07:45	00:07:25	00:07:05
2-	00:02:00	00:03:25	00:04:35	00:05:30	00:06:15	00:06:50	00:07:20	00:07:45	00:08:05	00:08:20	00:08:30	00:08:50	00:08:30	00:08:10	00:07:50	00:08:15	00:07:55	00:07:35	00:07:15
2x poly (≥ 30kgs)	00:02:10	00:03:35	00:04:45	00:05:40	00:06:25	00:07:00	00:07:30	00:07:55	00:08:15	00:08:30	00:08:40	00:09:00	00:08:40	00:08:20	00:08:00	00:08:25	00:08:05	00:07:45	00:07:25
C3 (≥ 60kgs)	00:02:25	00:03:50	00:05:00	00:05:55	00:06:40	00:07:15	00:07:45	00:08:10	00:08:30	00:08:45	00:08:55	00:09:15	00:08:55	00:08:35	00:08:15	00:08:40	00:08:20	00:08:00	00:07:40
C4x+	00:02:25	00:03:50	00:05:00	00:05:55	00:06:40	00:07:15	00:07:45	00:08:10	00:08:30	00:08:45	00:08:55	00:09:15	00:08:55	00:08:35	00:08:15	00:08:40	00:08:20	00:08:00	00:07:40
2x	00:02:40	00:04:05	00:05:15	00:06:10	00:06:55	00:07:30	00:08:00	00:08:25	00:08:45	00:09:00	00:09:10	00:09:30	00:09:10	00:08:50	00:08:30	00:08:55	00:08:35	00:08:15	00:07:55
C3 (< 60kgs)	00:02:50	00:04:15	00:05:25	00:06:20	00:07:05	00:07:40	00:08:10	00:08:35	00:08:55	00:09:10	00:09:20	00:09:40	00:09:20	00:09:00	00:08:40	00:09:05	00:08:45	00:08:25	00:08:05
C4x-	00:03:00	00:04:25	00:05:35	00:06:30	00:07:15	00:07:50	00:08:20	00:08:45	00:09:05	00:09:20	00:09:30	00:09:50	00:09:30	00:09:10	00:08:50	00:09:15	00:08:55	00:08:35	00:08:15
4+	00:03:05	00:04:30	00:05:40	00:06:35	00:07:20	00:07:55	00:08:25	00:08:50	00:09:10	00:09:25	00:09:35	00:09:55	00:09:35	00:09:15	00:08:55	00:09:20	00:09:00	00:08:40	00:08:20
4x+	00:03:15	00:04:40	00:05:50	00:06:45	00:07:30	00:08:05	00:08:35	00:09:00	00:09:20	00:09:35	00:09:45	00:10:05	00:09:45	00:09:25	00:09:05	00:09:30	00:09:10	00:08:50	00:08:30
C5x	00:03:25	00:04:50	00:06:00	00:06:55	00:07:40	00:08:15	00:08:45	00:09:10	00:09:30	00:09:45	00:09:55	00:10:15	00:09:55	00:09:35	00:09:15	00:09:40	00:09:20	00:09:00	00:08:40
4-	00:03:50	00:05:15	00:06:25	00:07:20	00:08:05	00:08:40	00:09:10	00:09:35	00:09:55	00:10:10	00:10:20	00:10:40	00:10:20	00:10:00	00:09:40	00:10:05	00:09:45	00:09:25	00:09:05
4x	00:04:10	00:05:35	00:06:45	00:07:40	00:08:25	00:09:00	00:09:30	00:09:55	00:10:15	00:10:30	00:10:40	00:11:00	00:10:40	00:10:20	00:10:00	00:10:25	00:10:05	00:09:45	00:09:25
8+	00:04:25	00:05:50	00:07:00	00:07:55	00:08:40	00:09:15	00:09:45	00:10:10	00:10:30	00:10:45	00:10:55	00:11:15	00:10:55	00:10:35	00:10:15	00:10:40	00:10:20	00:10:00	00:09:40
8x+	00:04:30	00:05:55	00:07:05	00:08:00	00:08:45	00:09:20	00:09:50	00:10:15	00:10:35	00:10:50	00:11:00	00:11:20	00:11:00	00:10:40	00:10:20	00:10:45	00:10:25	00:10:05	00:09:45

Pour tout équipage mixte junior, senior ou master, le handicap sera calculé par la moyenne des handicaps de l'équipage.  
 En catégorie Master, un avantage de 15 ans est attribué à chaque rameuse dans un bateau mixte ou féminin.  
 En catégorie PR1 (officiellement classifié), un avantage de 30 ans est attribué à chaque rameur.  
 En catégorie PR2 (officiellement classifié), un avantage de 20 ans est attribué à chaque rameur.  
 En catégorie PR3 (officiellement classifié), un avantage de 10 ans est attribué à chaque rameur.  
 Dans toutes les catégories, le handicap finalement attribué sera arrondi aux cinq secondes les plus proches.

Voor alle mixt-junior bemanning, senior of master, zal de handicap worden gerekend door gemiddeld cijfer van de handicappen van de bemanning.  
 In master categorie, wordt een overwinning van 15 jaar gegeven aan elk roeister in een mixt - of vrouwelijk boot.  
 In PR1 categorie (officieel geclassificeerd), wordt een overwinning van 30 jaar gegeven aan elk roeier.  
 In PR2 categorie (officieel geclassificeerd), wordt een overwinning van 20 jaar gegeven aan elk roeier.  
 In PR3 categorie (officieel geclassificeerd), wordt een overwinning van 10 jaar gegeven aan elk roeier.  
 In alle categorieën wordt de handicap die uiteindelijk wordt toegekend, afgerond naar de dichtstbijzijnde 5 seconden.

